

CHI DOCTOR, DR.CHI, ON A JOURNEY THROUGH LIGHT AND LIFE WITH AIRNERGY STREAM

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THE LIGHT OF LIFE

Light is the essence of life and lies at the center of every aspect of life on Earth. Sunlight has been the primary energy source for photosynthesis for more than three billion years. Through this process, light energy is captured in the water molecule, which acts as a catalyst for the production of oxygen and glucose from carbon dioxide. In contrast, cellular respiration reverses this process within living organisms such as humans. This cycle of photosynthesis and cellular respiration is essential to life. Furthermore, mitochondria, the powerhouse of our cells, are directly descended from ancient microorganisms that can directly harvest light energy. In reality, the production of cellular ATP (Adenosine Triphosphate) requires the presence of light. The 2019 Nobel Prize winners in physiology or medicine for their research on circadian rhythm have empirically demonstrated the significance of light and how it affects our psycho-physio-biological rhythms. Light governs all fundamental processes inside and outside of our bodies, in addition to initiating and maintaining life. Light is therefore a universal symbol of divinity, spirituality, well-being, and health that links all aspects of our lives.

Einstein's most profound equation, $E=MC^2$, resides in the hands of light, which makes it all the more remarkable. This equation tells us that energy is merely the multiplication of our physical body in square space of light. Life, as expressed by George Wald, a Nobel Prize winner in Physiology or Medicine in 1967, is dependent on a limited band in the electromagnetic spectrum. This is a result of how molecules react to radiation, and it must be true not only on Earth but throughout the universe.

A SCIENTIFIC JOURNEY FROM LIGHT TO LIFE

Light appears to be a physics or quantum physics phenomenon, whereas life is a dynamic of biology and physiology. These two worlds have little in common and necessitate very distinct academic backgrounds and research

approaches. However, on August 15, 1932, Nobel Prize Winner Niels Bohr delivered a lecture at an International Congress of Light Therapists in Copenhagen that radically changed this. Dr. Bohr proposed the bold idea that life might not be reducible to the physical evidence presented by our experiments considering the particle and wave aspects of physics. In other words, after killing an animal to study the functions of all organs presented in a lifeless form, we may have already erased the fundamental trace of life. Meanwhile, our eyes, the very tool we rely on to conduct such experiments, have their own limitations and can lead us away from discovering the fundamental truth. The notion is that our visual sensors can only detect a small range of light. If we base our intellectual analysis on what we are able to clearly observe, our conclusion must be equally biased and insignificant. Thus, the so-called evidence-based medicine as a mindset should be challenged in the first place.

This groundbreaking lecture represents the beginning of the transition from physics to biology due to its ripple effects on scientific research. His presentation had a profound effect on the audience, particularly on one individual, Dr. Max Dulbrück. Following this lecture, Dr. Dulbrück shifted his focus to the role of light in life, which ultimately led to his Nobel Prize-winning discovery regarding genetic information in microbes. His groundbreaking discovery is recognized as the beginning of contemporary molecular biology. His work inspired another Nobel laureate, Erwin Schrodinger, to pose a profound query about life. His lecture on "What is Life?" inspired Francis Crick to conduct additional research on life, which led to his discovery of the DNA helix structure with James Watson, for which he was awarded the Nobel Prize.

Although DNA has been defined as the "molecule of life," the unprecedented Human Genome Project was unable to explain the functions of more than 97% of human DNA, which has been dubbed "junk DNA." Today, scientific study in human genetics has reunited light and life. Research into the electromagnetic impact on DNA has enhanced our understanding of our physical health and conscious mind.

Despite the fact that the path from light to life has lasted over a century, we are only now beginning to understand how light affects our health and well-being. Our cells communicate via light, and light also plays a vital role in remote regulation in the Brain-Gut-Axis and between different brain areas. Today, electroceuticals have been firmly established as the future of medicine.

With this introduction, I'll begin digging into the scientific mechanism behind Airnergy Stream. Of course, this will necessitate a deeper dive into the essence of light, life, and health.

THE HEALING PHENOMONON FROM AIRNERGY STREAM

Airnergy Stream is yet another brilliant technological invention from Airnergy. Instead of converting energy externally, Airnergy Stream directly delivers a special light to the skin to initiate a cascade of physiological healing responses. This technology has helped numerous people all over the world, from elite athletes looking to improve their athletic performance to individuals seeking physical and mental health benefits. It has also been used in the treatment of domestic and companion animals. Diverse individuals and professional healthcare practitioners have reported overwhelmingly positive health benefits over the years. It has particularly shown remarkable healing effects on a variety of aches, joint problems, wounds, infections, and other health ailments. To that end, the scientific explanation for the mechanism has also been thoroughly investigated. Prof. Dr. Klaus Jung, a strong supporter of Airnergy technology, has also proposed a new term of Dermovital Therapy. Without a doubt, the scientific explanation based on metabolic comprehension of oxygen activation and free radical reduction has been thoroughly researched.

As discussed in the start of this article's introduction, the biological approach to science has some limitations of its own. What has not been properly addressed is how Airnergy Steam fits into improving health from the standpoint of understanding the essence of life. If I am able to show that a lecture on "light and life" has the ability to transform medical science in theory, why can't I prove that the same is true for Airnergy Stream in practice? The notion is that this biophysical view of life must come before the biological view of health. I'd like to cite Dr. George Wald once again in his elegant way of addressing the difference between: "The biologist seeks to explain life in terms of the physical sciences, but the explanation will require physical sciences adequate to cope with the unique behavior of living systems."

As represented in Albert Einstein's equation, the human body is a complex of living systems contained in an undivided energy field rooted in light. This way of analogy has been continuously articulated by Niels Bohr and Erwin Schrödinger in their different inquiries into life. With this in mind, I will endeavor to present my point of view on the science that contributed to the excellent outcomes achieved by using Airnergy Stream.

THE SCIENCE CONNECTING LIFE FORCE AND AIRNERGY STREAM

Dr. Otto Warburg, Nobel laureate, pioneered studies on photosynthesis and life a century ago. His early work on the effect of light wavelength on photosynthetic efficiency laid the groundwork for our understanding of life and

light. His research and discoveries on the influence of light on life expanded on the health implications of cellular energy. The so-called Warburg Effect was another result of his extraordinary research into the causes of cancer. In previous articles, I disclosed that Airnergy technology was based on Dr. Warburg's groundbreaking discoveries in science. This was a significant contributing factor in Fitness Tribune honoring Airnergy as Innovation of the Century (1912–2012). Without going through what has already been discussed in those articles, I'd like to take the discussion a step further by looking at those scientific discoveries that have shaped our understanding of the systematic impact of light energy on our human bodies.

A.G. Gurwitsch, a Russian biologist, published an original theory of embryonic development in 1912. For the first time in history, the term "field" from the realm of physics was employed in biology. He was the first person who observed ultra-weak biological photon emissions, which he dubbed mitogenetic radiation. His discovery has since spawned a thriving research field of biophotonics and coherent systems in biology. Among the many remarkable accomplishments of various scientists, Dr. Fritz-Albert Popp created a new terrain of biophotons. He discovered radiation emitted spontaneously by DNA in living cells, which stores biophotons and releases them through human skin. This universal biophoton holds the elusive key to health and well-being. In his own words, "we know today that man essentially is a being of light. In term of healing, the implications are immense. We now know, for example, that quanta of light can initiate, or arrest, cascade-like reactions in the cells, and that genetic cellular damage can be virtually repaired, within hours, buy faint beams of light. We are still on the threshold of fully understanding the complex relationship between light and life, but we can now say emphatically, that the function of our entire metabolism is dependent on light."

His research has shed light on the fascinating properties of biophotons or light energy in terms of their ability to create coherence.

Human bodies are fundamentally an electrical and vibrational matrix of bioelectrically charged biophoton fields. Every organ and cell in our bodies produces and responds to different light, color, and sound frequencies. We absorb and emit light in the form of so-called blackbody radiation, which is invisible to human sight but glows in infrared light. On top of that, this bioenergy radiation has been proven by Kirlian Electrophotography, a unique technique developed by accident in 1939.

It is clear that our health is governed by an invisible field of bioenergy that is influenced by light. When injured or ill, the damaged areas, organs, and even the entire body lose their harmonic coherent status. This lack of coherence will result in physical ailments or biological alterations such as low oxygen concentration, nerve damage, inflammation, and so on. This state of coherence not only determines an individual's health but may also be seen

in the quality of different foods. Reiteration of a harmonic coherent state in our bodies is thus a prerequisite of healing. This is the fundamental connection between life force and the remarkable healing properties of Airnergy Stream. However, it is critical to note that not all lights are good for our health. We all know that being exposed to UV rays from the sun is bad for our health. The same is true of many artificial lights made by various manufacturers. It is now widely accepted that the increased use of LED lights poses health hazards to both humans and animals. So, let's now turn our attention to some specific novelties of Airnergy Stream that have contributed to its astounding health benefits.

A SCIENTIFIC OVERVIEW ON AIRNERGY STREAM

We all know that nature is the mother of all life, and that all life arises and flourishes in nature. At its core, Airnergy Stream has replicated nature with knowledge from science. However, it takes this knowledge one step further by applying their proprietary technology into its development process.

1. THE SCIENCE IN ITS LIGHT SPECTRUM SELECTION

In accordance with Dr. Otto Warburg's discovery, Airnergy Stream chose the precise light spectrum that may produce the strongest photosynthetic impact. As we all know, photosynthesis is a quantum physics event that occurs in a highly coherent state. This coherent state, in which the quantum phenomenon known as Bose-Einstein Condensation can occur, is the most optimal state for life. Dr. Warburg was also the one who discovered that hemoglobin, the key oxygen carrier in our blood, was the same as chlorophyll in plants. Both evolved from a respiratory pigment capable of utilizing light energy through photosynthesis. This indicates that this key protein in our bodies will respond coherently to such a precise light spectrum. What's more, in the 1930s, it was discovered that hemoglobin had varied magnetic characteristics depending on whether it's carrying oxygen or not. To add to the intrigue, I'd want to bring additional ancient knowledge on energy medicine to further explain it. According to Chinese medicine, life force is known as CHI, or Yang energy. This Yang energy is entrenched in our blood, which contains Ying energy. It asserts that blood is the mother of CHI and that CHI is the driving force of blood. I believe this has validated the science of molecules and biophysics from a distinct perspective.

As a result, the preceding points have emphasized a crucial distinction in the choosing of light in Airnergy Stream. To make it even more clear, Airnergy Stream emits so-called monochromatic light, which has been shown to possess capabilities that are similar to those of laser light in terms of healing.

2. THE SCIENCE IN ITS LIGHT CREATION METHOD

As previously stated, many artificial lights are not necessarily beneficial to our health. The process by which light was created in Airnergy Stream is the same as a clinical therapy for cancer known as Photodynamic Therapy. A light-triggered activation of oxygen results in the creation of singlet oxygen, which has the highest level of energy. Within one millionth of a second of its formation, this energy was instantaneously released as visible light. This unique spectrum of light has life-enhancing properties and can induce coherence in our bodies. Furthermore, it preserves the natural rhythm of pulsatile release, which is another essential requirement for providing synchronized regulation of numerous physiological and biological processes within the bodies.

3. THE SCIENCE IN ITS LIGHT DELIVERY

The skin is the largest organ in the human body and is regarded as our third brain, after the physical brain and the gut. Therefore, practicing mindful meditation involves observing bodily sensations. Airnergy Stream is intended for direct contact with the skin so that light energy can function without any barrier on our body. It also has an effect on the unseen biophotons or bioenergy within.

In addition, there is another factor that we ought to consider about. Most of us should have learnt about the secret of water and life, specifically Dr. Gerald Pollack's research on the fourth phase of water. We now know that when exposed to light, the living water inside of our bodies instantly becomes polarized. This polarization is analogous to charging your phone when it is connected to a charger. When we are exposed to harmonic light, our bodies immediately become more energetic. If we count molecules, water makes up 99% of our body. The number alone is enough to illustrate the healing powers of Airnergy Stream. However, there is another incredibly intriguing scientific finding that should shatter our minds. It was once thought that photosynthesis was solely applicable to plants and not to humans. However, scientific research has made the stunning revelation that human bodies have a capability similar to plants. During photosynthesis, water molecules are split and oxygen is created from them, as we know. Scientists have now confirmed that this mechanism can also occur beneath our skin. The black skin pigment, melanin, can divide water locally and create more oxygen when exposed to light. What's more, extensive scientific research has shown that skin contains photoreceptive chemicals known as melanopsins. While the exact roles of these proteins remain elusive, it is known that they can convert light energy into chemical energy. They are also able to use light energy to control our biological clocks, wound healing, melanogenesis, and even embryonic development. As a matter of fact, the ability to harvest light is not new to humans, it is encoded in our DNA. Many scientific studies on DNA have discovered remarkable light effects on DNA. It is also shown that

light plays an important role in DNA damage and repair, which is crucial for our health and the onset of diseases.

Once more, I am obligated to bring up an ancient knowledge from Chinese medicine and elaborate the implication of the preceding discussion.

According to Chinese medicine, anything foods in black color are beneficial to the CHI life energy. Is this just a coincidence, or are they two sides of the same coin? Melanin is the pigment found in dark-colored foods. I believe we've touched on the essence of healing here. Healing is about reviving our life energy and achieving a harmonious, unified state of mind and body. When an illness or discomfort arises, it is considered as the presence of an energy blockage, which may affect the associated energy channels. This is also the theory of Ayurveda, which believes that different colors of light correspond to different chakras on our bodies. In essence, Airnergy Stream is the pacemaker that resets our biological processes to promote healing, cleansing, and rejuvenation.

LIGHT UP YOUR LIFE WITH AIRNERGY STREAM

I've been attempting to comprehend the science behind Airnergy technology for nearly a decade. Throughout my voyage, I have researched many scientific theories, literature, and even ancient energy practices. But, in the end, I understand what elite scientists like Niels Bohr and ancient wisdom have been preaching us for so long. We have to understand that what we know is but a drop, while the unknown is an ocean. The most essential thing is to liberate our minds from the constraints of what we can see and understand. "The day science begins to study non-physical phenomena," Nikola Tesla once stated, "it will make more progress in one decade than in all the previous centuries of its existence."

I do not assert that what has been described in this article is the right answer to the science behind Airnergy Stream. However, I hope it paves the way for us to look beyond our existing concept of health, healing, and medicine. What we do know is that Airnergy Stream has strong scientific backing for its technology. Above all, it has truly boosted the health and well-being of many people.

Light up your life with Airnergy Stream, how your body responds is the ultimate truth within!